Microwave Steam Bowls...Ready in Minutes!







Single Serving Meals

• Shrimp Alfredo (HSF Item #696751)

Creamy Parmesan sauce enveloping fettuccine, and plump, juicy garlic shrimp.

Shrimp South of the Border (HSF Item #696750)

Succulent shrimp infused with Mexicana-inspired chipotle and chili seasonings, served with rice, corn, black beans, tomatoes, and peppers.





Product Description	8 oz
Pack Size	9 x 8 oz
Master Case Net Weight	4.5 lb
Case Dimensions & Case Cube	19.8" L x 7.9" W x 6.9" H • 0.625
Unit Dimensions	6.38" L x 1.86" W x 7.06" H
Pallet Ti x Hi	6 x 12
Shelf Life	24 months
Country of Origin	Processed in USA

Harbor Seafood Contact: 516-775-2400





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- Shrimp Scampi Succulent, plump shrimp in a delectable, buttery garlic sauce.
- Caribbean Jerk Shrimp
 Plump, juicy shrimp infused with vibrant
 Caribbean jerk spices, served with rice and perfectly steamed vegetables.
- Shrimp & Grits
 Buttery cheese grits paired with plump, juicy shrimp expertly seasoned, with garlic and smoked sausage.
- Shrimp Creole
 Tender shrimp in a zesty Creole sun-dried tomato sauce, paired with Andouille Sausage, rice and steamed vegetables.
- Hibachi Shrimp
 Plump, juicy shrimp coated in an Asian-inspired stir-fry sauce, served with fluffy rice and flavorful steamed vegetables.
- Shrimp Jambalaya
 Tender shrimp seasoned with spicy Cajun spices,
 Andouille sausage, fluffy rice, red and green peppers, onions, and diced tomatoes.



• Feisty Clam & Linguini
Ocean fresh clams delicately tossed in

linguine, coated in a garlic white wine sauce with the perfect hint of spice!

- Lobster Shrimp Mac & Cheese
 Succulent lobster, plump shrimp and tender pasta
 generously coated in a rich, creamy cheese sauce.
- Maui Mahi
 Mild Mahi Mahi in a Hawaiian-inspired sauce, served
 alongside tender pasta, mango, edamame, and sweet
 red peppers.

These additional flavors can be ordered 6 - 8 Weeks Lead Time

Premimum Restaurant Quality Meals in a Microwave Cook-in-Bowl or Oven Preparition